

12 Destinations to Explore On Foot

by Victoria Phillips ♦ Editor



Courtesy of Country Walkers

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Get up and go (no, seriously—now!).

Ecuador: The Highlands

Follow the Hacienda Trail along the Andes and take in a traditional Andean market. Feel like you're touching the sky as you traverse the moderate terrain 10,000 feet above sea level. This destination is great for those that want a little more of a walking challenge.

Country Walkers offers an 8 day, 7 night holiday trip for \$3,698. Click here for more information.

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Panama

Panama has a wide variety of ecosystems (rainforest, cloud forest, volcanic foothills and seacoast) that make for fun, interesting walking environments. The best part? All of the great food: tamales, sugar cane syrup and more. And who can forget the famous Panama Canal?

Country Walkers offers a 7 day/6 night New Years adventure for \$3,298. Click here for more information.

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Galapagos

Although it's famous for its exotic sealife, the Galapagos has many little islands perfect for walking. Santa Cruz, Isabela and San Cristobal islands showcase amazing terrain, while the coastline gives you your water fix.

Country Walkers offers a 7-day, 6-night trip February 18-24, 2011 for around \$4,100. Click here for more information.

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