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New Brunswick: Bay of Fundy & Campobello Island

Walking Vacation Only

Follow coastal trails and take in stunning scenery, as you explore quaint seaside villages on a Bay of Fundy tour featuring New Brunswick's natural beauty and unique maritime charm. Hike through fragrant spruce and fir forests, ascending for views of crashing waves meeting the cliffs below. Cross causeways and expansive tidal flats, in a landscape carved by the highest tides in the world. On Campobello Island, immerse yourself in the area's rich history at the summer home of Franklin D. Roosevelt. Savor traditional maritime fare, including just-caught Atlantic lobster and delectable farm-fresh cuisine. Your comfortable accommodations include a turn-of-the-century cottage and a historic, renovated manor house. Experience New Brunswick's rich blend of history, natural beauty, and maritime hospitality on this unforgettable Bay of Fundy tour.



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Cultural Highlights

- Let the Bay of Fundy's tides determine your walking route: water-carved sea caves at low tide, or ascending to a cliffside lookout at high tide
- Enjoy an exclusive stay in a turn-of-the-century cottage on enchanting Campobello Island, complete with a traditional lobster dinner overlooking the ocean
- Tour the charming town of St. Andrews by-the-Sea, strolling past 200-year-old homes and visiting beautiful Kingsbrae Garden, an award-winning horticultural masterpiece

What to Expect



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This tour is one of our Fully-Guided Walking Adventures, rated easy to moderate, with 3 to 7 miles per day of walking. Ascents and descents are limited and brief, with the longest taking approximately 45 minutes. The terrain includes paved roads, wooden boardwalks, dirt wooded paths that include rocks and roots, and loose pebble beaches. Not all trails have level footing and you may encounter exposed roots and rocks. For this reason, it is important to wear hiking boots or shoes with ankle support. The pace is generally leisurely, about two miles per hour. The tour encompasses the maritime history and culture of St. Martins and St. Andrews by-the-Sea, the presidential past of Campobello Island, and the magnificent beauty of the coastal forests, pebble beaches, marshland, and bogs surrounding the Bay of Fundy.

Tour Duration: 7 Days

Group size: 18 max

DAY 1: Join your New Brunswick: Bay of Fundy & Campobello Island tour. Irving Nature Park and Bay of Fundy Sea Caves

Breakfast is included at your hotel.

Your guide(s) will meet you at 9:00 a.m. in the lobby of the Hilton Saint John. Your guide(s) will be wearing a Country Walkers shirt. Please be dressed for walking.

You arrive in Saint John, New Brunswick, known as “Fundy City” for its location on the famous bay. The highest tides on earth creep up these shores, causing a surge in the Saint John River that reverses its flow for several hours each day. If you arrive early, you can warm up your legs along the Harbour Passage trail, a scenic walking trail that starts in front of your hotel and continues along the river or explore the indoor Saint John City Market. After a brief orientation, you get underway with a drive to Irving Nature Park; hugging the Bay of Fundy, these 600 acres comprise sylvan Acadian forest, tranquil tidal pools, salt marsh estuary, and a barrier beach. Following a series of boardwalks and coastal trails, you keep your eyes open for cormorants, loons, great blue herons, geese, just some of the many birds that make their home here. Pausing for a picnic lunch at a scenic spot gives you time to soak in the views.

Mid-afternoon, you transfer approximately one hour to your first inn in St. Martins. Built on the shipbuilding industry of the 1800s, St. Martins was once one of eastern Canada’s most affluent towns and today retains a fishing village charm. Here, you walk through the village to the caves carved by the lashing seas over millennia. The tides will determine the route: at low tide, you explore the caves’ interiors. If the tide is high, you ascend to a lookout point to view them from above. Later, you arrive at your home



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for the next two nights, a former ship captain's home, and relax before a welcome dinner in the inn's charming dining room.

Please note: There is a possibility of a land border crossing through the US on this tour, if weather does not permit a boat transfer to or from Campobello Island. If you are from outside of the US please check for entry requirements in advance.

Accommodation: St. Martins Country Inn, St. Martins

DAY 2: Fundy Trail

You begin the day with a transfer to the Fundy Trail, a six-mile, multi-use pathway dotted with secluded beaches and scenic overlooks. Today's route connects you to one of the last Atlantic shore wilderness areas on the east coast of North America, traversing serene seaside forests and hugging cliff tops overlooking the world's highest tides. Your guides share local legends, fascinating insights, and personal experiences, bringing this magnificent area to vivid life. After a picnic lunch on a scenic overlook, you continue to the Visitors Center to learn more about the history of the area's most prominent industry, logging. Later, you have the opportunity to cross the 275-foot suspension bridge spanning the scenic Big Salmon River. After a transfer back to the inn, enjoy free time relaxing on the hotel's manicured grounds or exploring St. Martins' small museum, general store, or local beach.

For a special dinner this evening, weather permitting, your hosts take you to a beautiful beach near the sea caves, where you savor a memorable maritime barbecue and enjoy local craft beer, freshly grilled salmon or steak, and an upbeat musical performance by local musicians.

Accommodation: St. Martins Country Inn, St. Martins

DAY 3: Campobello Island and Fox Farm Loop

This morning you transfer to the small port village of L'Etete, where your private boat awaits your arrival. The destination is Campobello Island, the beloved summer home of President Franklin D. Roosevelt and home to the 2,800-acre Roosevelt Campobello International Park. A historic symbol of the close ties between Canada and the United States, it is jointly administered and funded by both countries. Tour the 34-room Roosevelt Cottage Museum, preserved as it was in the summer of 1920, though Roosevelt visited regularly until 1939. Local docents provide interesting insight and share stories of the famous first



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family.

Upon arrival, you enjoy a picnic lunch before heading to the picturesque Mulholland Lighthouse to begin today's walk through the former Fox Farm. As you explore, it's not hard to see why the Roosevelts loved this place! Tracing hills and gullies through a young forest recovering from logging in the 1960s, you follow shoreline paths with sweeping ocean views to Cranberry Point, and crossing through spruce-fir forest, open estuary, and serene marshland. Later, with the day trippers gone, you settle in to tonight's exclusive accommodations at Campobello Island: the turn-of-the-century cottages that evoke the ambiance of Roosevelt's day. Dinner is served in Adams Lodge, a short walk along a forest path linking the cottages. Here, you can enjoy views of the culminating bay from the outside deck before a private dinner.

Accommodation: Prince and Hubbard Cottages, Campobello Island

DAY 4: Eagle Hill Bog, and Raccoon Beach to Liberty Point. Free afternoon

After a copious breakfast, you ease into the day's walking with a scenic stroll along boardwalks through Eagle Hill Bog, a haven for birdlife. Interpretive plaques inform you about the ecosystem along the way. After lingering at the observation deck, with a splendid view of Eagle Hill, you continue to Raccoon Beach. This stunning beachside trail ascends and descends in and out of the forest, opening up to splendid panoramas of soaring cliffs, secluded coves, and the open water culminating at Liberty Point. After lunch at a local restaurant, a free afternoon provides options for both relaxation, additional walking, and discovery. Visit the Roosevelt Cottage and perhaps join "Tea with Eleanor" (at your own expense). Or you may elect to extend your walk today with a pleasant idyll along a flat pathway to the observation deck atop Friar's Head, before tracing the coast directly back to your cottage. This evening, celebrate your time in the Roosevelts' grand sanctuary with a traditional boiled lobster dinner with all the fixings. Enjoy your meal while relaxing on the deck of Adams Lodge watching the sunset over the Bay of Fundy.

Accommodation: Prince and Hubbard Cottages, Campobello Island

DAY 5: Whale Watch and St. Andrews by-the-Sea

You depart Campobello Island this morning by private boat for St. Andrews by-the-Sea, a remarkably preserved seaport town and one of Canada's National Historic Districts. This boat trip is also a private



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whale watching excursion, during which you may see minke and finback whales, playful porpoises, harbor and grey seals, and bald eagles. Later, you arrive in St. Andrews, founded in 1783, a breathtaking variety of stunning architecture, gorgeous scenery, and rich marine life. You disembark and enjoy a walk through the town which concludes at Kingsbrae Garden, recognized as one of Canada's top public gardens. Pause for a delicious lunch before joining your guides for a walk among the numerous sculptures and more than 50,000 species of flowers, trees, and other plants.

Upon arrival at your home for the next two nights, a short, but rewarding walk takes you to the summit of Chamcook Mountain. From the top, you enjoy sweeping views of St. Andrews and Ministers Island, where you walk tomorrow. Tonight, you have a chance to explore the town on your own, although your guides are available for recommendations and shuttles to and from the town center. There are ample choices for dinner after you spend time browsing the shops on Water Street or perhaps learning about marine life at the Fundy Discovery Aquarium.

Accommodation: Rossmount Inn, St. Andrews by-the-Sea

DAY 6: New River Beach Provincial Park and Minister's Island Loop

Today you enjoy morning and afternoon walking options that highlight more of New Brunswick's breathtaking seaside beauty and charm. At New River Beach Provincial Park, you follow an easy boardwalk trail that traverses fertile bogs and forest to the rocky shore of Barnaby Head. If you choose a more moderate option, you navigate a scenic, narrow trail with spectacular ocean views around every bend. Later, you make your way to Minister's Island, accessible by a causeway road during low tide. This tidal island was home to Sir William Van Horne, the second president of the Canadian Pacific Railway, and the island's 12 miles of carriage roads and sea vistas are pure pleasure to explore by foot. After a picnic lunch in this superb setting you follow routes along shell-strewn beaches and through meadows, passing Van Horne's mansion, barn, bath house, and minister's house, watching for ospreys as you walk. The timing of the walk depends on the tides as the return to the mainland must be before the access road is submerged by the incoming tide. Back at the inn, there is time to relax before a special farewell dinner, thoughtfully prepared by the Swiss-trained chef (and inn owner!) Chris Aerni with ingredients from his kitchen garden.

Accommodation: Rossmount Inn, St. Andrews by-the-Sea



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DAY 7: Your New Brunswick: Bay of Fundy & Campobello Island tour concludes. Departure from Saint John

After breakfast, you transfer to Saint John where you begin your journey home or stay on to explore more of New Brunswick on your own.