

# Chile & Argentina: Patagonia & Torres del Paine National Park

#### Air Package Itinerary

Pampas stretching as far as the eye can see, ancient caves where prehistoric animals left their bones—Patagonia has a timeless, boundless feel unlike anyplace else on earth. With horizons this vast, it's hard to know where to turn your gaze. Fortunately, your expert guides know just how to direct you. Above tower the imposing stone sentinels of Torres del Paine, while across the way dozens of condors wheel in flight, and a solitary guanaco stands silhouetted on the ridgeline. Whatever your pursuit—sharing a gaucho-style asado with your hosts on a 100,000-hectare working estancia; watching pink clouds of flamingos rise from a lonely lakeshore, or listening to the roar of ice slabs crashing down from the Perito Moreno Glacier—this Patagonia hiking tour delivers unforgettable visions of grandeur.



## **Highlights**

- Marvel at jagged mountain massifs as you walk valley and mountain trails, from "the Horns" and "the Towers" to the Baguales Mountains.
- Spot astonishing wildlife in its natural habitat—eagles, flamingoes, guanacos, armadillos, and perhaps the elusive puma.
- Get a glimpse of Patagonian and gaucho life during stays at traditional, working estancias.
- Indulge in the finest Chilean and Argentinean cuisine, prepared with care using locally sourced ingredients.



## On all Guided Adventures you can count on ...



Expert local guides to introduce you to the best of your destination.



Gracious accommodations that are a clean, comfortable home away from home.



Off-the-beaten-path places you'd never find on your own.



Experts to handle all the details.



A maximum of 18 fun-loving fellow travelers to share the journey.



Flight + Tour Combos include plane tickets, airport car service, and pre- and post-tour accommodations.



Delicious, authentic multi-course meals virtually all are included.

## **Activity Level**

This tour is one of our Guided Walking Adventures, rated easy to moderate. Averaging 4 to 8 miles per day with ascents and descents, it offers options on most days. The terrain is varied – often hilly, uneven, single-track trails that can be rocky, hard-packed dirt, or sometimes soft ground over tufts of grass that can be uneven. Most trails are exposed with little coverage from the sun; Patagonia can be very windy and cold so dressing in layers is important. We share some ideas in the packing list you will receive.



## DAY 1

## **Depart from the United States or Canada**

All you have to do is get to the airport. On our Flight + Tour Combos, we'll take care of the rest, handling all the logistics, so you can travel with peace of mind. Spend your first night aloft and arrive refreshed for an unforgettable trip.

## **ARRIVAL DAY**

## Arrive in Punta Arenas, Chile

Start off your first day in Punta Arenas right by having a Country Walkers representative greet you at the airport. A complimentary car service will whisk you to your centrally located hotel. From here, you are perfectly positioned to explore this charming city at your leisure.

#### DAY 1

# Join your Chile & Argentina: Patagonia & Torres del Paine National Park tour. Travel to Puerto Natales. Welcome dinner

Estancia Olga Teresa condor viewing with waterside walk; 3 miles, easy

Meet your entire group at 8:30 a.m. in the lobby of the Hotel Cabo de Hornos. Your guides will be dressed in Country Walkers shirts. After brief introductions your adventure begins.

From Punta Arenas, a scenic one-hour drive brings you to Estancia Olga Teresa, a nature reserve surrounded by sweeping mountain vistas. Here, you'll embark on an easy hike into the vast, rugged Chilean landscape, past towering cliffs home to one of the largest condor rookeries in the country. The national bird of Chile, condors appear on the Chilean coat of arms, and today, you'll witness these impressive birds in their natural habitat as they gracefully soar overhead. Your guide will provide binoculars for a closer look at the rookery.



You'll continue your hike on a flat, circular route along the sound. Enjoy the coastal scenery as your guide explains the oceanic history of the area and the story of the first settlers. Lunch today is a Chilean barbeque, prepared and served at a farmhouse on the estancia. After lunch, you driveabout two hours to Puerto Natales, traversing a region of breathtaking beauty and pristine magnificence. Upon arrival, there'll be ample free time to see your incredible surroundings and take advantage of the hotel's location, perhaps admiring the black-necked swans on the Señoret Canal right outside your door. Puerto Natales is a small port town with an adventuresome feel, a legacy of its days as a center for the sheep industry. This evening, join your fellow walkers for a welcome drink and dinner.

Included Meals: Lunch, Dinner

## DAY 2

## Three Caves

5 miles, easy, 650 ft. elevation gain and loss. Rio Serrano flats; 3 – 4 miles, easy

After breakfast, you travel to the Torres del Paine massif, just 90 minutes away. En route, stop for a fascinating walk near the Milodón Cave, named for the discovered remains of an extinct species of ground sloth that stood almost 10 feet tall. A five-mile loop walk delivers you to three different caves where the remains of other mammals and ancient humans have been found. As you explore, your guide fills you in on the area's unique geology and ancient megafauna as well the lives of those early humans and settlers here. After a thoughtfully prepared picnic lunch, complete the drive to the edge of Torres del Paine National Park. Your small, intimate hotel crouches alongside the Rio Serrano and offers sweeping views of Patagonia's majestic peaks.

After you settle in, join a walk along the river flats of the Rio Serrano. Leaving right from the lodge, this walk traces the Rio Nutria. Admire lovely river views and, as you make your way through some stretches of sylvan forest, enjoy sightings of fantastic birdlife, perhaps the upland goose, great grebe, and ringed kingfisher.

Included Meals: Breakfast, Lunch, Dinner

#### DAY<sub>3</sub>

## Beach walk to Glacier Grey overlook

3 miles, easy to moderate. Rio Pingo; 4 miles, easy to moderate, 600 ft. elevation gain & loss



Sunrises over the Paine massif are impossible to beat, as you'll discover throughout your stay. Torres del Paine National Park was first brought to the world's attention in 1880 when Scottish traveler Lady Florence Dixie chronicled her adventure here. In her book Across Patagonia, she described the three distinct torres, or towers, associated with the region as "Cleopatra's Needles." By some accounts, she and her fellow travelers were the first foreign tourists to lay eyes on these geological wonders.

After a hearty breakfast, head to the shores of Grey Lake, where a two-mile walk along the scenic beach starts your day off on the right foot. Continue your hike by crossing over the rushing Rio Pingo, thick with glacial sediment, before winding through an ancient forest of lenga trees (deciduous trees native to the southern Andes). The trail emerges on a rocky beach and follows a narrow spit of land crossing Grey Lake. It culminates on the tip of a peninsula offering panoramic views of the lake, icebergs, and the lake's source, Grey Glacier. Return along the same trail and enjoy a lovely lunch at the Lago Grey Hotel, with sweeping views of the lake. After lunch, embark on an afternoon walk along the Rio Pingo.

Included Meals: Breakfast, Lunch, Dinner

#### DAY 4

## Fauna Trail

4.5 miles easy to moderate, 650 ft. elevation gain, 750 ft. elevation loss. Guided historical walk at Estancia Cerro Guido; 1 mile, easy

Cross the park on a one-hour drive, heading toward the eastern pampas. Lakes of turquoise and green, and the famed jagged peaks of the Torres massif, add drama and wonder to your morning. Upon arrival at the national park entrance at Porteria Sarmiento, you set out across the expansive grasslands of the park's southern reaches, heading toward another park entrance at Laguna Amarga. This little-known walking path attracts few visitors, which makes for excellent opportunities to spot the local wildlife. Herds of guanaco reside here, and they show little fear of humans. Look to the sky to catch a glimpse of condors taking flight, or gaze to the ground to see foxes or armadillos scurrying along. With a breathtaking backdrop of the staggering Paine Massif, this is the Patagonia that you've dreamt of—a vast natural haven at the end of the world. You may detour about 45 minutes to view ancient cave paintings dating back some 6,000 years.



Following today's invigorating walk, continue east toward the Patagonian steppe, stretching between the Andes and the Atlantic Ocean. Your destination is a working estancia, where you spend two nights. Sheep, horseback riders, and infinite skies might remind you of the American West, but the culture that thrives here is distinctly Chilean. A tour of the property highlights its rich history, sheep-shearing facility, horse stables, vegetable garden, and greenhouse.

Included Meals: Breakfast, Lunch, Dinner

## DAY 5

### **Estancia La Cumbres**

4 - 5 miles, easy to moderate options

You awake this morning as the sun illuminates the towering walls of the Torres del Paine. After a hearty farm breakfast, drive 45 minutes to Estancia La Cumbres at the Baguales Range on the border with Argentina. Today holds a special treat because you are joined by a local paleontologist. As you trace the contours of remote, pristine valleys, you learn about Patagonia's geologic past. Various types of fossils were left behind in the surrounding hills after the Atlantic Ocean retreated thousands of years ago. Fossilized leaves, tree trunks, shellfish, and shark teeth are among the relics you might see.

Back at your overnight ranch, you'll experience more of Patagonian farm life up close. This evening, settle in for a typical asado prepared the traditional gaucho way—lamb roasted over open coals served beneath a canopy of stars.

Included Meals: Breakfast, Lunch, Dinner

## DAY 6

## Flamingo Lagoon

3 - 4 miles, easy

Travel into Argentina today. There's a lot of land to cover, but the long drive (approximately five hours including stops and the border crossing) gives you ample opportunity to take in the vastness of the Patagonian steppe. All in all, it's a spectacular morning of breathtaking vistas. You head north, paralleling soaring Andean peaks, on the legendary Route 40, the longest continual road in Argentina and one of the



longest in the world. Before formalities at the border of La Esperanza, there is time for a coffee and souvenir shopping. After the break, you continue on to your next lodge at the edge of Glaciers National Park, or Los Glaciares, home to one of the largest ice caps in the world. Its massive expanse feeds 47 glaciers, 13 of which flow toward the Atlantic Ocean.

A tasty, albeit, late lunch is served upon your arrival. Once you're finished, you may choose to take a dip in the hotel's swimming pool, sink into a leather couch in one of the elegant lounges with floor to ceiling picture windows, or join your guides on a walk from the lodge to a nearby lagoon. The lagoon's flocks of bright pink flamingos are an astounding contrast to the muted colors of the steppe around you. Dinner this evening is served in the hotel's elegant restaurant.

Included Meals: Breakfast, Lunch, Dinner

## DAY 7

### Cerro Frías

3 miles, moderate, 750 ft. elevation gain. Perito Moreno Glacier; 2 miles, easy

After breakfast, you may spend the morning as you wish. Perhaps walk right from your hotel up a Cerro Frías footpath, where astonishing views of Lago Argentino and the Andes Range unfold before you. The Paine Massif rises in the south and the stunning "needles" of Mount Fitz Roy soar up to 11,000 feet in the north. You can also see the Baguelas Range on the Chilean border. If you prefer, saddle up for a horseback riding excursion, included with your stay. Or just relax and enjoy the offerings of this 5-star property.

You depart later this afternoon for a thrilling excursion to the Perito Moreno Glacier. The timing of our visit means the day-trippers have left, so you're able toenjoy this spectacular mammoth of nature in relative solitude. The face of the Perito Moreno is about three miles wide; it averages 240 feet in height above Lago Argentino's surface and plunges more than 300 feet below the water. It advances more quickly than most glaciers, creaking and splitting as it goes, calving great chunks of ice into the lake. Even if you have seen other glaciers before, Perito Moreno will long linger in your memory. It's the perfect place to end your Patagonia adventure. Tonight, enjoy a culinary feast of local specialties for your farewell dinner.

Included Meals: Breakfast, Lunch, Dinner



## DAY8

# Your Chile & Argentina: Patagonia & Torres del Paine National Park tour concludes

Enjoy an included breakfast this morning and travel to the town of El Calafate. Enjoy free time over lunch before continuing to the airport to catch your flight to Buenos Aires. There'll be time after you settle in to take in the city's European-style sophistication and you're sure to find a spot to enjoy a fine Argentinean meal for dinner, participating wholeheartedly in the locals' love of eating.

Included Meals: Breakfast

## DAY9

After an included breakfast this morning, complimentary transportation is provided to the Buenos Aires airport based on your departure time.

Included Meals: Breakfast



What's Included	Air Package	Tour Only
Exceptional boutique accommodations	<b>~</b>	
21 on-tour meals: 7 breakfast, 7 lunches, 7 dinners	<b>~</b>	
Local guides with you throughout tour		
Local wine and/or beer with dinner	<b>~</b>	
Entrance fees and special events as noted in the itinerary	<b>~</b>	
Travel assistance available 24/7 provided by Allianz Global Assistance	<b>~</b>	
Telescopic walking sticks provided on tour	<b>~</b>	
Roundtrip airfare	<b>~</b>	
Buenos Aires	<b>~</b>	
Airport car service for arrival & departure	<b>~</b>	
Pre- and post-tour breakfasts	<b>~</b>	
Business-class upgrades available	<b>~</b>	